

# I LEARNED, I NOTICED, I WONDERED...

Why is it important to have factual information about mental disorders?



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Imagine you are one of the characters. What signs or symptoms of their disorder might show up at school? With friends? With family? (Hint: 'signs' are what others can see / what a video camera would pick up. 'Symptoms' are what someone feels inside).



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What are the signs and symptoms of each disorder? What helps? How can you be helpful to someone who has this disorder? (Hint: 'signs' are what others can see / what a video camera would pick up. 'Symptoms' are what someone feels inside).

